

About Q-methodology from [www.Qmethod.org](http://www.Qmethod.org)

Q Methodology is both a *technique* and a *methodology* to study (shared) human subjectivity, that is, people's viewpoints.

It was originally developed by William Stephenson (1902-1989), an Englishman trained in physics (Ph.D., 1926), psychology (Ph.D., 1929) and studied psychometrics with Charles Spearman and Sir Cyril Burt.

As a *technique*, Q has been used both in clinical settings for assessing individual patients, as well as in research settings to examine how people think about a topic.

As a *methodology*, Q also posits a way of abductive inquiry into the human mind as operant subjectivity.